

# Info Pack

*Youth Exchange:*

**KNOWS THE TRADITIONS!**

**Project number: 2019-2-RO-01KA105-064081**

**23-29 September 2019**

**The leisure center Oglinzi, Neamț  
Romania**



# A few words about the mobility



*Get involved in the life of the community you belong to?*

*Do you have the motivation to get involved in the project?*

*Are you available, creative and willing to learn?*

*Come and join us on a unique learning journey during which you will learn more about the traditions and culture of the participating countries and have the opportunity to develop skills with representatives of numerous NGOs in Europe!*

**WHAT:** Youth Mobility

**WHEN:** 23 – 29 September 2019

**WHERE:** The leisure center Oglinzi, Neamt, Romania

## FOR WHOM

Four organizations from Romania, Macedonia, Spain and Bulgaria will take part in the youth exchange organized in the "Know the traditions!" project.

**Number of participants: 8 participants + 2 group leader / group**

**Age limit: 8 participants who are between 16-25 and 2 group leader (>18)**

**- have the basic knowledge of facilitation of non-formal learning processes;**

**-with fewer opportunities (youth who has economic-social, cultural, geographical, educational obstacles, cultural differences);**

**- knowledge of the culture of the community where it comes from;**

# THE ORGANIZERS

The PRO ROMA Association is a non-governmental organization in response to the urgent need for social inclusion of the Roma community.

The PRO ROMA Association promotes quality education models that develop life skills among Roma people a sustainable development strategy, a society with a strong spirit of initiative, a special civic consciousness, and a true spirit of responsibility social.

The PRO ROMA Association team is made up of different people, brought together by the following shared values: initiative, communication, philanthropic spirit, partnership development, equal opportunities, responsibility, integrated programs.

The PRO ROMA Association has as main areas of interest the reduction of the educational gap between the Roma population and the non-Roma population, the improvement of the socio-economic situation of these communities, the promotion of the culture, the promotion of young Roma talents as a way of changing the image of the Roma.

For their realization, the association proposes the activities of: promoting young talents among ethnic Roma; training; community mediation; counseling, mediation and professional guidance; cultural activities.

Lumea mea e Lumea ta



# WHY

More and more young people are dependent on modern technology (laptops, phones, internet) neglecting their friends, family, and especially themselves, when they have to look for a job, to spend their free time, pleasant, responsible, and active with other young people. The generations of young people are indifferent to the traditions kept for many years, to what happens in their community, they are not motivated to get involved, they are not responsible in relation to the community, in relation to the local traditions.

This project is an invitation for young people to re-evaluate their priorities, to find themselves in the community where they come from and to become messengers and keepers of traditions in the century of technology. We aim to know to tradition, and the young people to realize that as long as they know their roots and have respect for past generations they will determine respect for themselves and others.

Our project provides young people with knowledge about the healthy aspects of the past, which have been passed on to the present generation, can be taken over, developed, in a beneficial and fruitful way in the manner of all, intertwined with modern aspects: "something old with something new, something with a loan and something of your own"

# SUMMARY

The aim of the project is that the young participants in the exchange become motivated and aware that they have the civic responsibility to preserve and promote local traditions for the inclusion of disadvantaged young rural and urban people, to develop a continuous dialogue between generations, between nations, to affirm the disadvantaged communities the European space and their tourist, economic and cultural development.

1. It stimulates the motivation of the 40 young participants to exchange through their activities, for their involvement as active citizens in maintaining and enhancing the local traditions in their communities.
2. Developing the skills of the 40 participants in researching, exploiting and promoting local traditions.
3. Developing the skills of the 40 participants in researching, exploiting and promoting local traditions.

Through this project young people will realize that tradition is a tool for finding ethnic identity, a contact with their ancestral values. By participating in this project young people will discover traditions, they will realize the importance of knowing their own culture and respecting the cultural value of others like them, will stimulate their creativity, spontaneity, free expression and self-confidence. Through the knowledge of traditions, young people will not only cry their identity but also their personality, increase their self-esteem and learn to accept others.

## FINANCIAL

### ARRANGEMENTS

The following project is supported by the ERASMUS + grant. Hence, 100% of the food and accommodation expenses will be covered by the organizers, as well as up to 100% of the overall travel costs:

- 20 EUR - Romania
- 275 EUR - Bulgaria
- 275 EUR - Macedonia
- 360 EUR - Spain

### TRANSPORTATION

**Arrival: Iasi Airport, the 22st of September (before 15:00, please confirm your flight details).**

**Departure: Iasi Airport, the 30th of September (after 15:00 please confirm your flight details).**

*You should take a flight to Iasi airport, because it is the main airport near our region and you will find planes from your country easily. About transportation from the airport we will inform you after collecting all participants' flight information, because we normally pick up the participants at the airport and bring them directly to the project location, all together, by a private bus.*

*The cost of this private bus per participant is 15€, this price, including travel go and return to the airport. We believe that is a more than fair price for all these trips.*

## REIMBURSEMENT

*Reimbursement of travel costs will be done by bank transfer to your NGO as soon as you provide all necessary travel documents (invoice, ticket, boarding pass, etc) and provided full involvement in project activities is confirmed.*

*Travel expenses will be covered after collecting travel documents on condition that the participants use the cheapest ways of transportation and submitted original invoices for plane tickets, boarding passes, train and bus tickets. Private cars, Taxi and first class tickets will not be reimbursed.*

*Please keep the boarding passes from your airport check in as well. Reimbursement will be done in EURO, regardless of the currency indicated on your ticket and receipt/invoice.*

*For the reimbursement of the money, you have to bring us all original documents:*

- invoices, • e-tickets, • proof of payment (if you pay in cash you have to bring us the receipt, but if you pay online you have to bring us the bank statement) • original boarding passes

*We strongly encourage you to buy flights that have the possibility to do online check-in and in this way you will be able to give us the return boarding passes before coming to Romania, without having to send its to us by post mail once back home. Of course, if for your airline is not possible to do it, you still need to send us the boarding passes by post mail after the project.*

*It is very important to have all your travel and financial documents with you (the same for every member of the team), otherwise the reimbursement is NOT possible!*

*Please, check the VALIDITY of the passports before the departure – Passport must be valid at least for 6 (six) months.*

*Of course, if you want you can stay 1-2 days before/after the project in order to visit us, Iasi city, but you have to pay by yourself for those extra days.*

# PRACTICAL

## ARRANGEMENTS

The OGLINZI leisure center is located 4 km from the city of Tg. Neamt, the mountain area, behind the Citadel of Neamt, belonging to the Ministry of Youth and Sport.

<http://mts.ro/tineret/centre-de-agrement/neamt/centrul-de-agrement-oglinzi/>

Participants will be accommodated in rooms with 2, 3 or 4 people, mixed international, **BUT NOT GENDER** Each room has its own bathroom (heating and hot water permanently with central heating), television in each room, internet without wireless, conference room.

Tourist routes that can be seen following an agreement:

- Bicaz Dam - Bicaz Gorges - Red Lake
- the monasteries: Vărațic, Agapia, Neamțului, Secu, Sihăstria
- The fortress of Neamt
- The “Dragoș Voda” Zimbri Reserve
- Mountain trips: Ceahlau Massif



## INFORMATION NEEDED

*The activities during the exchange will be carried out using specific non-formal, interactive and participatory learning methodologies (individual reflective, group reflective, individual work and working groups, simulation games, visits, interactive presentations, team work, cultural evenings).*

*If any participant have any special diet that affects your health or have a different alimentary option, must communicate in the personal application before coming to Romania.*

# TO BRING?

## CULTURAL NIGHT

Don't forget to bring some traditional music for the intercultural evenings!

We will have one cultural night per country where you can expose your customs, traditional dances and culture. Please !!! All the teams must prepare some presentation of your country in a creative way (try to avoid Power Point and movies from tourist agencies). We hope, that your culture means you something more than national food and drinks. Also bring the flag or your country. It would be nice if you bring also some small souvenirs with you (costs are not covered).

## TRAVEL ESSENTIALS

- > Passport/ID
- > European Health Insurance cards
- > Pocket money
- > Parent / guardian consent for minor participants

## THINGS TO PACK

- > Toiletries
- > Slippers for the use at the hostel
- > Comfortable clothes
- > Medicines (if you take any)
- > Good sportswear and shoes for a mountain ride and something against the cold and rain, just in case.

## FOOD AND SNACKS FOR THE INTERCULTURAL COFFEE BREAKS

We would really love to see what your countries and regions have on offer and what goodies we could find there. To allow everyone to 'taste' a bit of your homeland, we would like to invite you then to bring over some snacks that we could consume during the coffee breaks. Please note that due to the meals being arranged outside the hostel, running an intercultural evening with the food may not be possible...hence the idea with the coffee breaks ;)

Looking forward to seeing what you've got!

## NGO PROMOTIONAL MATERIALS

Although the main focus of the YM is not networking, it still is very important to get to know your potential future partners. Therefore, participation in the mobility will be an opportunity to get to know the representatives of many NGOs and institutions present at the mobility. We'd like to recommend then bringing some promotional materials, brochures of your organisations and anything else that you feel may be suitable. Although the main focus of the meeting is on MOBILITY, feel free to prepare info also on any other areas of interest to your organisation.

# How to apply?

COMPLETE THE  
THE  
E-APPLICATION FORM



UPON SUCCESSFUL  
SELECTION TO THE  
CME, CONFIRM YOUR  
ATTENDANCE



WAIT FOR THE SELECTION  
RESULTS TO BE  
ANNOUNCED BY THE  
SENDING ORGANISATION  
IN YOUR COUNTRY



START THE  
PREPARATIONS TO  
THE MOBILITY





## PARTICIPANT COUNTRIES AND PARTNER ORGANIZATIONS

Country	Organization	Web
Macedonia	REGIONAL ROMA EDUCATIONAL YOUTH ASSOCIATION KRATOVO RROMA	<a href="http://www.rromassn.org">www.rromassn.org</a>
Spain	ASOCIACION JUVENIL INTERCAMBIA	<a href="http://www.europaerestu.eu">www.europaerestu.eu</a>
Bulgaria	ACTIVE BULGARIAN SOCIETY	<a href="http://www.activebulgariansociety.org">www.activebulgariansociety.org</a>
Romania	ASOCIATIA PRO ROMA	<a href="http://www.asociatiaproroma.ro">www.asociatiaproroma.ro</a>



Intercambia<sup>★</sup>



Asociatia Pro Roma



# CONTACT

Any questions related to the project and the mobility, travel to Romania well as any other matters should be addressed to the **project coordinator**

**Margareta Hertanu**

on:

[margaretahertanu@yahoo.com](mailto:margaretahertanu@yahoo.com)

To ensure that your e-mails arrive without delays, please always start your messages with

**ERASMUS+ Youth Mobility**

**Contact and official Facebook Group of the project**  
<https://www.facebook.com/groups/409281476382852/>



We'll appreciate any ideas and suggestions of yours that could be incorporated at the time of preparations to the mobility or during the activity itself. This is going to be a training course which we wish to implement **NOT FOR YOU** but **TOGETHER WITH YOU!**

Let's make it an exciting learning journey!

**We're waiting for you in Romania!**

